Behaviorism and Cognitive Psychology

Epistemology (philosophy of knowledge)

- empiricism / behaviorism / learning / animals
- rationalism / cognitivism / memory / humans

Behaviorism is based in conditioning theories Cognitive Psychology is based in information processing theories

Conditioning theories: classical conditioning

- e.g., ring bell then give dog food dog learns to salivate at bell
- how animals learn about regularities in their environment that are NOT under their control

operant conditioning

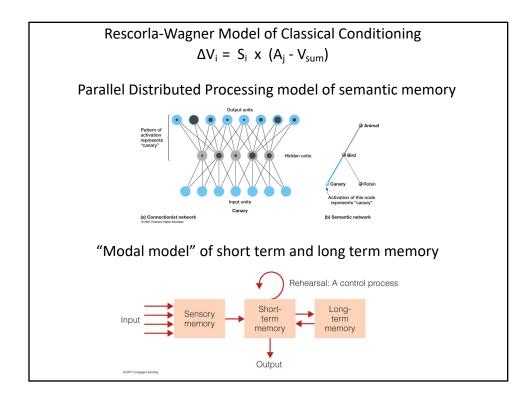
- e.g., rat presses bar in cage, then gets reward ("reinforcement")
- how animals learn about regularities in their environment that ARE under their control

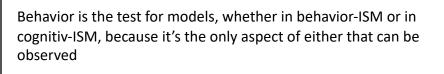
Natural science vs Social science

- study of natural phenomena vs human culture and institutions
- both are "science" though: both apply scientific METHOD to phenomena of interest

Why is psychology scientific? One part of an answer: Science makes models... so what is a model?

- pared down simplified idealized description, equation, algorithm, flow chart, etc.
- or physical representation like globe or map or atom
- allows prediction of what will happen, and explanation in terms of familiar or visualizable or otherwise more understandable phenomena
- mind as computer program, atom as little solar system, behavior as machine-like, rat behavior as model for human behavior
- stuff gets left out moreso in "noisier" sciences (physics -> chemistry -> biology -> psychology -> other social sciences)





Classical conditioning: phenomenon, procedure, model

- phenomenon: all animals learn what leads to what, through experience
- procedure: ring bell for dog then give it food, to create new association
- model: describe phenomena in terms like "Conditioned Stimulus" and "Unconditioned Stimulus", propose that their pairing close together in time creates an association, theorize about what strengthens or weakens associations, etc...